



Issue 2021- A, October 11, 2021

The purpose of this periodic Newsletter is to supplement the KOVA Strategic Plan, Dropbox and provide real-time resources to assist all public and private communities in the battle to alleviate veteran suicides. All future newsletter submittals may be sent to [boblooby@embarqmail.com](mailto:boblooby@embarqmail.com).



This Issue we highlight the VFW, Department of New Jersey.

1. Barbara Kim-Hagemann VFW State Commander's Project Grant – This Project initiated at the start of Barbara's tenure as State Commander in 2019 and continues. Districts, Posts and Auxiliaries are encouraged to host events that will educate the community about suicide prevention and mental health awareness. Events are open to any veteran, active military, and family members regardless of membership status; and are encouraged to partner with other veterans' organizations, non-profits, and mental health professionals. Please visit <https://www.vfw.org/assistance/mental-wellness> for further information and resources. Contact the State HQ with any questions 609 393-1929 or [adjutant@njvfw.com](mailto:adjutant@njvfw.com). Additionally, the Department Suicide Program Coordinator contact is Leonard Weiszgerber, [vfwprograms@njvfw.com](mailto:vfwprograms@njvfw.com).
2. Post 12173, Fall VFW Wellness Series - These sessions are conducted at 30 Gifford Rd, Little Egg Harbor Township, NJ 08087 and via ZOOM. All instructors have advanced, graduate degrees, PhD's, combat veterans, CEOs, and Presidents of related mental health firms. Contact Ken Hagemann at [adjutant@njvfw.com](mailto:adjutant@njvfw.com) for additional details and registration.
3. Post 5119, PTSD Group Sessions - Spruce Run Memorial Post - All combat Veterans are welcome for the next Group on Oct. 28<sup>th</sup> at 11:30AM at 179 Main Street, Glen Gardner, NJ 08826. (Tentative every other Thursday.) Contact [commander@vfwpost5119.com](mailto:commander@vfwpost5119.com), and for future sessions.
4. Next Issue – Middlesex County Prosecutor's Office, Veterans Response Training Conference, November 15, and 16<sup>th</sup>, 2021. Register with the link below <https://www.surveymonkey.com/r/2021VRTConf>.

***We Are One, Get Together & Get It (KOVA) Done!***

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